

STRUCTURED OUTPATIENT ADDICTION PROGRAM (SOAP)

Referrals to SOAP



CONTACT US

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► **LOWELL HOUSE ADDICTION TREATMENT AND RECOVERY MISSION & PHILOSOPHY**

The mission of Lowell House Addiction Treatment and Recovery (LHATR) is to empower people and their families to rebuild their lives and strengthen our communities by providing skills and freedom to live a sober and dignified life. We provide a full range of programs and supports to treat substance use disorders, assist addicted individuals to become clean and sober and help them remain in healthy recovery for a lifetime. LHATR's vision for the future is to "lead the way to a life of recovery by providing comprehensive, compassionate and innovative addiction services to all people of all ages."



**LOWELL HOUSE ADDICTION
TREATMENT AND RECOVERY**

CITAR



The Structured Outpatient Addictions Program (SOAP) provides treatment for individuals with substance use disorders and, in some cases, co-occurring mental health disorders. Individuals receiving services are encouraged to participate in treatment while continuing with their community activities - from work to family life to productive leisure-time activities.

The program operates Monday - Friday, providing services in half-day and full-day programming. Length of treatment varies based on individual client needs.

SOAP is licensed by the Bureau of Substance Addiction Services.

Participants who complete the SOAP program may participate in other Lowell House Addiction Treatment and Recovery services, including: individual treatment, residential recovery programs, sober housing, case management, and early recovery groups.

▶ PROGRAM SERVICES

- Intake & Diagnostic Assessment
- Development of Individual Action & Recovery Plans
- Group & Individual Counseling
- Family Treatment
- Substance Abuse Education
- Relapse Prevention Strategies and Planning
- Case Management & Residential and Housing Placement Support
- Psychopharmacological Referrals
- Random Drug Screens
- Discharge and Aftercare Planning

HOURS OF OPERATION

Monday through Friday

8:30 AM to 3:30 PM
(excluding holidays)

We accept most Mass Health insurance plans. We also have Bureau of Substance Addiction Services funding for those without any insurance who qualify.

▶ REQUIREMENTS FOR ADMISSION

Individuals with a primary diagnosis of substance use disorder are eligible for the SOAP program. Many clients accepted to the program also have a secondary diagnosis of mental illness and have had limited success with less intensive, less structured outpatient forms of treatment.

Prospective clients will express a desire to achieve long-term sobriety through ongoing treatment and support. They will also demonstrate a capacity to understand and participate in a group treatment environment. All participants are committed to rebuilding their lives, connecting with loved ones and sustaining an independent life free of addictions.

Participants must be at least 18 years or older. They come from all walks of life and generally live in the Greater Lowell area.

